

WHAT TO BRING TO TECH TREK

This list includes items needed at camp. Bring enough clothes for six days. DO NOT bring jewelry that is expensive or sentimental, laptops, tablets or other valuable items.

LABEL ALL ITEMS WITH FIRST AND LAST NAMES.

ALERT CAMP DIRECTOR IF CAMPER CANNOT BRING ANY OF THESE ITEMS TO TECH TREK.

- long pants – (evenings may be cool)
- shorts or capri pants
- t-shirts or modest tank tops
- sweatshirt or jacket for night activities
- athletic shoes for walking (Flip flops are allowed in residence hall only)
- sandals, sturdy and secured to foot
- underwear
- sleep wear/slippers
- robe
- comb/brush
- body wash/shampoo/conditioner/hair products
- bed linens, pillows, blankets—Beds are Twin XL
- all bath linens – towels, washcloth
- toothbrush/toothpaste/floss
- personal hygiene items
- any medications (clearly marked)
- sunscreen (VERY IMPORTANT)
- alarm clock (VERY IMPORTANT)
- watch
- small flashlight
- pens/pencils/paper
- basic calculator (Please do not bring expensive calculators)
- dress clothes for professional women's night
- umbrella or rain poncho
- backpack
- water bottle

OPTIONAL ITEMS

- hat or cap for sun
- \$20 or less for spending money
- games/books for free time
- stuffed animals or other comfort items
- camera

ITEMS PROVIDED BY TECH TREK AND UAH

- all meals and snacks
- notebooks/paper and camp journal
- lanyard for room key/dining card
- Tech Trek T-shirt
- classroom materials
- an unforgettable experience!